

Research Question

How do Latinx College Students Experience Seeking Help for Depression?

Purpose

This study aims to investigate the impact of identity, socio-economic status and stigma that Latinx college students experience when seeking help for depression.

Domains

Identity: Being Latinx

Stigma: Stigma associated with depression

Social Determinants: Race, Education, and Socio-economic status

Methods

Semi structured interviews were conducted.

Participants all identified with being Latinx college students, coping with depression, & identifying as low socioeconomic status

Themes:

Quotes from Participants:

“It's a blessing and a curse. Being POC 'cause I've had this like really broad