

## OPTIONAL PRACTICAL TRAINING

Optional Practical Training (OPT) allows F-1 students to engage in work that is directly related to their major area of study for 12 months during the 14 months after they complete their programs.

You may be authorized for temporary employment:

After you have finished your program (most students choose this option)

**OR**

Before you have finished your program, but after you have completed all course work (very rare)

You may apply for Post Completion OPT **90 days (3 months)** before you anticipate beginning work.

You must be

