

ADDRESS: 20553 E. Caley Dr. Centennial, CO 80016

TELEPHONE: Of n#\$Hn#\$Hn#University of Northern Colorado, Greeley, CO 80639

1996 M.S. University of Oregon, Eugene, Oregon Exercise Movement

1993 B.A. University of Washington, Seattle, Washington Psychology

PROFESSIONAL EXPERIENCE:

| <u>Years</u> | <u>Position</u> | <u>Institution</u> | <u>Responsibilities</u> |
|---|---|--|--|
| 2010-present | Professor | University of Northern Colorado Greeley, Colorado | Teaching/Research/ Service |
| 2005-2010 | Associate Professor | University of Northern Colorado Greeley, Colorado | Teaching/Research/ Service |
| Winter 2005 Spring 2007 Winter 2008 | Adjunct Professor College of Education | University of Denver, Denver, Colorado | Teach Graduate/ Undergraduate Psychosocial Dimensions of Sport & Wellness |
| Spring 2004 | Adjunct Professor | Colorado State University Ft. Collins, Colorado | Taught Undergraduate Psychology of Sport |
| 2001-2005 | Assistant Professor | University of Northern Colorado Greeley, Colorado | Teaching/Research/ Service |
| 1999-2001 | Post-Doctoral Research Fellow | University of California Los Angeles (UCLA) and the International Center for Talent Development (ICTD) Los Angeles, California | Research/Teaching/ Lab Coordination |
| 1998-1999 | Lecturer/Instructor | University of Northern Colorado Greeley, Colorado | Teaching |
| 1998-1999 | Substitute Teacher | Weld Country District 6 Greeley, Colorado | Teaching |

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|-----------|-----------------------------|--|-----------------------------|
| 1996-1998 | Graduate Teaching Assistant | University of Northern Colorado Greeley, Colorado | Teaching |
| 1994-1996 | Graduate Teaching Assistant | University of Oregon Eugene, Oregon | Teaching |
| 1993-1994 | Director/Teacher | WeeWACs – Washington Athletic Club Child Care Center Seattle, Washington | Teaching/ Administration |

AREA OF SPECIALIZATION:

Social Psychology of Sport and Physical Activity
Social Influence on Motivation, Emotion and Self-Perceptions
Special Populations Sport and Physical Activity Participation

RESEARCH AREAS/INTERESTS:

Social influence on sport achievement and physical activity
Psychosocial predictors and outcomes associated with sport achievement and physical activity
Childhood obesity and physical activity

PUBLICATIONS:

Juried:

Babkes, M. L., & Weiss, M. R. (1999). Parental influence on children's cognitive and affective responses to competitive soccer participation. *Pediatric Exercise Science, 11*, 44-62.

Invited:

Greenleaf, C., & **Babkes Stellino, M.** (2007). Lessons learned at the Action on Obesity Summit 2007. *Association for Applied Sport Psychology Newsletter, 22* (2), 29-30.

Published Abstracts:

Coleman, L., **Babkes Stellino, M.**, Brustad, R.J. (2015). An Exploration of Executive Function among Older Adult Athletes and Non-Athletes. [Abstract] *Journal of Sport & Exercise Psychology, 35*, S107.

Pierotti, C.P., & **Babkes Stellino, M.** (2015). An Exploration of Peer Leadership and Group Dynamics in High School Spirit Teams. [Abstract] *Journal of Sport & Exercise Psychology, 35*, S107.

Babkes Stellino, M., Thornton, M., & Erwin, H. (2015). Elementary teacher autonomy support for children's recess physical activity motivation. [Abstract]. *Research Quarterly for Exercise and Sport, XX*(S1), A.

Thornton, M.L., **Babkes Stellino, M.**, Moore, E., Johnson, C., & Erwin, H. (2015). Gender inequalities in elementary recess physical activity. [Abstract]. *Research Quarterly for Exercise and Sport, 86*(S1), A.

Dauenhauer, B., **Stellino, M. B.**, & Smith, M. (2015). Service learning lessons from a before school physical activity program [Abstract]. *Research Quarterly for Exercise and Sport, 86*(S2), A5-A6.

Thornton, M. L., Moore, E., Johnson, C., Erwin, H., & **Babkes Stellino, Mes Stel.**

Sinclair, C.D., & **Babkes Stellino, M.** (2010). Psychological predictors of children's recess physical activity [Abstract]. *Research Quarterly for Exercise and Sport*, 81, 109.

Sinclair, C.D., **Babkes Stellino, M.**, & Partridge, J.A. (2008). Recess activities of the Week: Differences in free-time physical activity [Abstract]. *Research Quarterly for Exercise and Sport*, 79, 63-64.

Ward, S., **Babkes Stellino, M.**, Farnsworth, C., & Perrett, J. (2008). Youth with hearing or visual impairments attraction to physical activity [Abstract]. *Research Quarterly for Exercise and Sport*, 79, 86.

Burgess, A.G., & **Babkes Stellino, M.** (2007). Overweight-based teasing and motivation to be physically active: The important of autonomy, competence and relatedness. [Abstract]. *Journal of Sport & Exercise Psychology*, 29, 151.

Hinkle Smith, S.L., & **Babkes Stellino, M.** (2007). Cognitive dissonance in athletic hazing: The roles of commitment and athletic identity. [Abstract]. *Journal of Sport & Exercise Psychology*, 29, 169.

Babkes Stellino, M. & LaVoi (2006). The influence of perceived parent-created climate on competitive youth male hockey players' ethically related sport behaviors [Abstract]. *Journal of Sport & Exercise Psychology*, 28, S28.

Marlatt, H.L., **Babkes Stellino, M.**, & Brustad, R.J. (2006). The relationship between children's perception of personal autonomy in organized sport and time spent in unstructured physical activity [Abstract]. *Journal of Sport & Exercise Psychology*, 28, S28.

- Babkes Stellino, M.**, Koon (Coleman), L.M., Stoepker, P., Kuhn, A., Chavarria, M. (2017). *Exploring the Impact of Physical Activity Breaks in College Classrooms*. Presentation at the Annual Society for Physical Educators (SHAPE America) Convention, Boston, MA, USA.
- Stoepker, P., Lynch, B., Nam, Y., Krause, J., Dauenhauer, B., **Stellino, M. B.**, McMullen, J., Smith, M., Carson, R.L. (2017). *The Future of Physical Activity Leadership: Characteristics of School Professionals Seeking a Master's Degree in Physical Education and Physical Activity Leadership*. Paper presented at the National Association of Kinesiology in Higher Education (NAKHE), Orlando, Florida.
- Coleman, L., Brustad, R.J., **Stellino, M.**, Akbar, A., Lalonde, A., Marshall. (2016). *Executive Function as a Predictor of Success among Collegiate Baseball Players*. Presentation at the annual meet of the Association for Applied Sport Psychology (AASP) conference, Phoenix, AZ, USA.
- Nichols, B.A., **Stellino, M.B.**, Brustad, R.J. (2016). *Correlates of collegiate coaching efficacy*. National Coaching Conference. Seattle, WA, USA.
- Dauenhauer, B., Carson, R., Krause, J., **Stellino, M.B.**, Douglas, S., & Smith, M.A. (2015). *Development of a Master's Program Focused on CSPAP Leadership: Perspectives from the University of Northern Colorado*. Presentation at the annual SHAPE Physical Education Teacher Education and Health Education Teacher Education (PETE & HETE) Conference in Atlanta, GA, USA.
- Massey, W.V., Holliday, M., Hess, C.W., & **Stellino, M.B.** (2015). *Building community partners to evaluate the impact of organized play in low-income urban elementary schools*.

Dauenhauer, B., **Babkes Stellino, M.**, & Carson, R. (2015). Presentation in “*First Flight of the Fledgling: Advancing Comprehensive School Physical Activity Program Research*”: *Establishing a CSPAP Research Agenda within a New Master’s Program Evaluation Plan*. Half-day Workshop at the Society for Health and Physical Educators (SHAPE), Seattle, WA.

Carson, R. L., Dauenhauer, B., & **Babkes Stellino, M.** (2015). *Introducing a New Masters Program to Develop Leaders of Comprehensive School Physical Activity Programs*. Presentation at the annual Active Living Research (ALR) conference, San Diego, CA.

Babkes Stellino, M., & B. Dauenhauer. (2015). *Before School Physical Activity Programming: Evidence for Policy Inclusion*. Presentation at the annual Active Living Research (ALR) conference, San Diego, CA.

Coleman, L., Davies, M., & **Babkes Stellino, M.** (2014). “*CrossFit*” *participation: Goal involvement and perceived motivational climate*. Presentation at the annual Association for Applied Sport Psychology (AASP) conference, Las Vegas, NV.

Coleman, L., Davies, M., & **Babkes Stellino, M.** (2014). 2.9(i)-9.2(v)8(e L)10.6(i)-9.21fB d

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Scanlan, T.K., **Babkes, M.L.**, & Beals, K.P. (2000, October). *International Center for Talent Development*. Symposium presented at the annual conference of the Association for the Advancement of Applied Sport Psychology (AAASP), Nashville, Tennessee.

Magyar, T.M., Amorose, A.J., **Babkes, M.L.**, Gano-Overway, L., Reel, J., & Zizzi, S.J. (2000, October). *Students mentoring students: The transition from graduate student to the new professional*. Workshop presented at the annual conference of the Association for the Advancement of Applied Sport Psychology (AAASP), Nashville, Tennessee.

Gilbert, W. **Babkes, M.L.**, Beals, K., & Seder, D. (2000, April). *Current research at the International Center for Talent Development*

Invited:

- Carson, R. L., Dauenhauer, B., Krause, J. M., McMullen, J. M., **Babkes Stellino, M.**, Capps, M., Stoepker, P., Pulling Kuhn, A. C., Lee, C. W., von Klingraeff, L., & Mwandira, L. (2017, April). *UNC's contribution to the creation of healthy schools: Overview of a two-year funded project from The Colorado Health Foundation*. 2017 Faculty Poster Session, Office of Research, University of Northern Colorado, Greeley, CO.
- Babkes Stellino, M.** (2011, October). Institutional Review Board (IRB). Speaker for the Dissertation Series. Graduate Student Professional Development Program. University of Northern Colorado, Greeley, Colorado.
- Babkes Stellino, M.** (2008, September). Speaker at the Metro Denver Health & Wellness Commission's Dreaming a Lean and Green School: A symposium on Healthy Food, Fitness and Environments. Denver, Colorado.
- Babkes Stellino, M.** (2007, June). *Sport psychology for high school athletes*. Presentation for the UNC Volleyball Coaches Clinic, University of Northern Colorado, Greeley, Colorado.
- Babkes, M.L.** (2004, August). *Solving academic dilemmas*. Panel discussion for new teaching assistants, University of Northern Colorado, Office of the Graduate School, Greeley, Colorado.
- Babkes, M.L.** (2004, July). *Mental skills training for gymnasts*. Workshop conducted for Airborne Aces Gymnastics Club, Greeley, Colorado.
- Babkes, M.L.** (2003, October). *Sport psychology for coaches*. Pre-Convention Workshop presented at Colorado Alliance for Health, Physical Education, Recreation and Dance (CoAHPERD), Denver, Colorado.
- Babkes, M.L.** (2003, June). *How to be a positive soccer parent*. Workshop conducted for Bootlegger Soccer Club parents, Greeley, Colorado.
- Babkes, M.L.** (2003, March). *How to be a positive gymnastics parent*. Workshop conducted for Airborne Aces Gymnastics Club Parents, Greeley, Colorado.
- Babkes, M.L.** (2003, March). *Sport psychology for gymnasts*. Workshop conducted for gymnasts at Airborne Aces Gymnastics Club, Greeley, Colorado.
- Babkes, M.L.** (2003, February). *The role of sport psychology in training the volleyball athlete*. Symposium conducted at the annual University of Northern Colorado Volleyball Coaching Clinic, Greeley, CO.
- Babkes, M.L.,** Martin, J., Smith, A., & Reel, J. (2002, October). Keynote Panel Discussant for E. Diener's Keynote Talk – "Subjective Well-Being: The Antecedents and Benefits of Happiness". Association for the Advancement of Applied Sport Psychology (AAASP) annual conference, Tuscon, Arizona.
- Babkes, M.L.,** & Wisdom, S.A. (2002, June). *Sport psychology for parents, coaches and athletes*. Two day workshop conducted for Grandview High School Athletics, Aurora, Colorado.
- Babkes, M.L.** (2002, June). *Healthy parenting: How to positively influence your young soccer player*. Workshop conducted for Bootlegger Soccer Club, Greeley, Colorado.
- Babkes, M.L.,** Wisdom, S.A., Kulikov, N.A., & Wachsman, T. (2002, April). *Tips for parenting a successful young athlete*. Workshop conducted for Airborne Aces Gymnastics Club, Greeley, Colorado.
- Babkes, M.L.,** Wisdom, S.A., Kulikov, N.A., & Wachsman, T. (2002, April). *Tips for parenting a successful young athlete*. Workshop conducted for Bootleggers Soccer Club, Greeley, Colorado.
- Babkes, M.L.,** Ehrle, R., Granrud, C., Hinds, J., Luckner, J., Nelson, R., & Peterson, C. (2002, April). *Teaching in Higher Education. Using content expertise in teaching: Views from the disciplines*. Professional Workshops for

Teaching Assistants and other Graduate Students, University of Northern Colorado, Office of the Graduate School, Greeley, Colorado.

Babkes, M.L. (2002, March). *Psychology of injury*. Workshop conducted for UNC Athletic Trainers. University of Northern Colorado, Greeley, CO.

Babkes, M.L. (2001, March). *Family influence on youth talent development*. Presentation for the UCLA Social Psychology Brown Bag Seminar, Los Angeles, California.

Babkes, M.L. (2000, September). *The post-doctoral experience*. Presentation for the University of Northern Colorado School of Kinesiology and Physical Education, Greeley, Colorado.

Babkes, M.L., & Winters, M. (2000, September). *College Athletic Scholarships*. Workshop presented for the Southern California Tennis Association. Newport Beach and Los Angeles, California.

Babkes, M.L. (1999, April). *Good sports: Parenting your child through the sport experience*. Workshop presented for the Greeley Recreation Center. Greeley, Colorado.

Babkes, M.L. (1998, September). *Why parental influence is important in kinesiology and physical education*. University of Northern Colorado KPE Doctoral Colloquium Series, Greeley, Colorado.

Babkes, M.L. (1992, September). *Eating disorders and the stressors of combining academics and athletics in college*. Symposium conducted for the University of Washington Athletic Department. Seattle, Washington.

GRANTS:

Kirby, J., **Stellino, M. B.**, Cox, D., Chavarria, M. (2017). Competing and aging: Challenging the cultural narrative of aging and sports through video portraiture. AASP Oglesby-Snyder Grant for Equity and Cultural Diversity Grant [5,000 – under review]

Stellino, M.B. (2016). *Marathon Kids for Rolling Hills Elementary Tiger Miles Club*. Nike – Marathon Kids. [\$2,250 – funded].

Massey, M.V. (PI), & **Stellino, M.B.** (Co-PI) (2016). *Great Recess Framework: The development and validation of a recess observational tool*. Playworks. [\$105,661 – funded].

Coleman, L. **Stellino, M.B.** Massey, W.V. (2016). *Learn through play: The impact of a peer-leadership program on Cir*

- 2013 - Manuscript Reviewer, **Sport, Exercise and Performance Psychology**
- 2012-- Manuscript Reviewer, **Journal of Physical Activity and Health**
- 2012 Abstract Reviewer, **Association for the Advancement of Applied of Sport Psychology (AAASP)** annual (2012) conference
- 2011- Physical Activity Consultant, **HeadStartBodyStart: National Center for**
- 2012 **Physical Development and Outdoor Play**, Catholic Charities Child Development Center, Denver, Colorado; Montessori Early Learning Center, Denver, Colorado; Aurora Head Start – Lowry, Denver, Colorado
- 2011- Grant Proposal Reviewer, **HeadStartBodyStart: National Center for Physical Development and**
- 2012 **Outdoor Play**, Play Space Proposals
- 2011- Grant Proposal Reviewer, **HeadStartBodyStart: National Center for Physical Development and**
- 2012 **Outdoor Play**, Preferred Provider Proposals
- 2011 Abstract/Program Reviewer for Research Consortium Psychology Panel and NASPE program, **AAHPERD** (2012) National Convention and Exposition
- 2010 Grant Proposal Reviewer, **HeadStartBodyStart: National Center for Physical Development and**
- Outdoor Play**, Play Space Proposals
- 2010 Abstract/Program Reviewer for Research Consortium Psychology Panel and NASPE program, **AAHPERD** (2011) National Convention and Exposition
- 2010 Abstract Reviewer, **Association for the Advancement of Applied of Sport Psychology (AAASP)** annual (2010) conference
- 2010 Grant Proposal Reviewer, **HeadStartBodyStart: National Center for Physical Development and**
- Outdoor Play**, Preferred Provider Proposals
- 2009 Abstract/Program Reviewer, **AAHPERD** (2010) National Convention and Exposition Research Consortium
- 2009-- Manuscript Reviewer, **Journal of Sport Sciences**
- 2009 Abstract Reviewer, **Association for the Advancement of Applied of Sport Psychology (AAASP)** annual (2009) conference
- 2008 Abstract Reviewer, **Association for the Advancement of Applied of Sport Psychology (AAASP)** annual (2008) conference
- 2008 Abstract/Program Reviewer, **AAHPERD** (2009) National Convention and Exposition Research Consortium
- 2008-- Textbook Reviewer, **Sage Publications**
- 2007-- Advisory Board Member, **Podium Sports Journal** (<http://www.podiumsportsjournal.com>)
- 2007-- Textbook Reviewer, **Lippincott Williams & Wilkins, WoltersKluwer Health Pubcoc 0 Tw Pubcoc 0 Tw Puat-14<</MC**

- annual (2007) conference
- 2007 Abstract Reviewer, **North American Society for Sport and Physical Activity (NASPSPA)**
annual (2006) conference
- 2006 Abstract Reviewer, **Association for the Advancement of Applied of Sport Psychology (AAASP)**
annual (2006) conference
- 2005 Abstract Reviewer, **Association for the Advancement of Applied of Sport Psychology (AAASP)**
annual (2005) conference
- 2003

1994- 1999 **Aerobics and Fitness Association of America (AFAA)**

1993-1996 **American Psychological Association (APA)**

COMMUNITY/EXTERNAL SERVICE:

2017-- **Cherry Creek School District Wellness Committee** – Consultant and Evaluation

2016-- **Action for Healthy Kids** – Parental Advisory Board Member

2015-- **Tiger Miles Club (Rolling Hills Elementary School)** – Developed, Implemented and Sustained
Before School Mileage Club

2014 **SpaTimeLiving**, Expert Podcast Insul

- 2004 **Member**, Search Committee for Assistant Professor in Sport and Exercise Science: Pedagogy
- 2003- **Committee Member**, Coaching Task Force, School of Sport and Exercise Science, University of
Northern Colorado, Greeley, Colorado.
- 2002-2005 **Committee Member**, Curriculum Committee, School of Sport and Exercise Science,
University of Northern Colorado, Greeley, Colorado.
- 2001-2006 **Honors Coordinator**, School of Sport and Exercise S

Janelle Beilman (M.S.) (Chair). The relationship between mothers' self-perceptions and sport-specific socialization support for their daughters. Thesis completed June 2014.

Susannah Moore (M.S.) (Chair). Body image discrepancy and social physique anxiety, a link to physical activity participation in preadolescents. Thesis completed March 2013.

Christina Ibarra (M.S.). Assessing leadership behavior in high school varsity boys basketball coaches. Completed Fall 2012.

Megan Casey (Campbell) (M.S.). (Committee Member). Relationship between motives for physical activity, self-perception and life satisfaction in incarcerated adolescent females. Thesis completed March 2009.

Katharine Mack (M.S.). (Committee Member). Comparison of a suction type transtibial prosthesis and a

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|-------------|---|---|
| Spring 2009 | Motor Learning and Development | School of Sport and Exercise Science, UNC |
| Fall 2008 | Motor Learning and Development | School of Sport and Exercise Science, UNC |
| Winter 2008 | Psychosocial Dimensions of Sport | College of Higher Education, DU |
| Spring 2008 | Motor Learning and Development | School of Sport and Exercise Science, UNC |
| Fall 2007 | Psychological Analysis of Sport and Exercise | School of Sport and Exercise Science, UNC |
| Fall 2007 | Motor Learning and Development | School of Sport and Exercise Science, UNC |
| Spring 2007 | Motor Learning and Development | School of Sport and Exercise Science, UNC |
| Spring 2007 | Motor Learning and Development | School of Sport and Exercise Science, UNC |
| Spring 2006 | Motor Learning and Development | School of Sport and Exercise Science, UNC |
| Spring 2006 | Motor Learning and Development | School of Sport and Exercise Science, UNC |
| Fall 2005 | Social Influences on Sport and Exercise | School of Sport and Exercise Science, UNC |
| Fall 2005 | Psychological Analysis of Sport and Exercise | School of Sport and Exercise Science, UNC |
| Fall 2005 | Motor Learning and Development | School of Sport and Exercise Science, UNC |
| Winter 2005 | Psychosocial Dimensions of Sport | College of Higher Education, DU |
| Spring 2005 | Motor Learning and Development | School of Sport and Exercise Science, UNC |
| Spring 2005 | Motor Learning and Development | School of Sport and Exercise Science, UNC |
| Fall 2004 | Psychological Analysis of Sport and Exercise | School of Sport and Exercise Science, UNC |
| Fall 2004 | Motor Learning and Development | School of Sport and Exercise Science, UNC |
| Spring 2004 | Psychology of Sport | Depart. of Health & Exercise Science, CSU |
| Spring 2004 | Motor Learning and Development | School of Sport and Exercise Science, UNC |
| Fall 2003 | Motor Learning and Development | School of Sport and Exercise Science, UNC |
| Fall 2003 | Psychological Analysis of Sport and Exercise | School of Sport and Exercise Science, UNC |
| Spring 2003 | Psychological Analysis of Sport and Exercise | School of Sport and Exercise Science, UNC |
| Spring 2003 | Social Influences on Sport and Exercise | School of Sport and Exercise Science, UNC |
| Fall 2002 | Social Influences on Sport and Exercise | School of Sport and Exercise Science, UNC |
| Spring 2002 | Psychological Analysis of Sport and Exercise | School of KPE, UNC |
| Spring 2002 | Social Influences on Sport and Exercise | School of KPE, UNC |
| Fall 2001 | Bio-Physical Aspects of Aging (HHS 415) | Health and Human Sciences, UNC |
| Fall 2001, | Psychological Analysis of Sport and Exercise | School of KPE, UNC |
| Fall 2001 | Social Influences on Sport and Exercise | School of KPE, UNC |
| Spring 2001 | Sport Psychology | Psychology, UCLA |
| Winter 2001 | Honors Sport Psychology | Psychology, UCLA |
| Summer 2000 | Research Methods for Social Psychology | Psychology, UCLA |
| Spring 1998 | Social Influences on Sport and Exercise | School of KPE, UNC |
| Spring 1997 | Psychological Analysis of Sport and Exercise | School of KPE, UNC |
| 1996-1998 | Neuromotor Kinesiology Labor P006 Tc -0.008(pr)1.7(i)6.9w 0.6581eur 7(i)6.9(n)12(g)12(1997)]TJ | 2(i)-5. |

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| Spring 2005 | Applications of Sport Psychology | School of Sport and Exercise Science, UNC |
| Fall 2004 | Concepts in Kinesiology: Motivation | School of Sport and Exercise Science, UNC |
| Summer 2004 | Introduction to Research Methods | School of Sport and Exercise Science, UNC |
| Spring 2004 | Assessment in Sport and Exercise Science | School of Sport and Exercise Science, UNC |
| Fall 2003 | Exercise and Sport Psychology | School of Sport and Exercise Science, UNC |
| Summer 2003 | Introduction to Research Methods | School of Sport and Exercise Science, UNC |
| Spring 2003 | Concepts in Kinesiology: Motivation | School of Sport and Exercise Science, UNC |
| Fall 2002 | Applications of Sport Psychology | School of Sport and Exercise Science, UNC |
| Summer 2002 | Introduction to Research Methods | School of Sport and Exercise Science, UNC |
| Spring 2002 | Concepts in Kinesiology: Motivation | Kinesiology and Physical Education, UNC |
| Summer 1998 | Developmental Kinesiology | Kinesiology and Physical Education, UNC |

Extended Studies/Independent Study (On-line)

Fall 2013, 2014, 2015 Action Research forrEsE Psyc Td [(>s)1.[(4.002 Tc 0.001 Tw 0.(f)9.7(o)-4(r)-2.3(r)1.72 Tc 0.005 Tw 1-/

